English Idioms Hit The Sack

Hit The Sack - to go to sleep; to go to bed

- I am very tired. I am going to hit the sack.
- The girls are very tired, because they came back from a long trip. They **hit the sack** early.
- What time are you planning to hit the sack tonight?
- When I come home from work, I am so tired, so I just **hit the sack** right after I eat and take a shower.
- The doctor is very tired, so he is going to hit the sack for a few hours.
- I have been working two jobs. I am so tired, so I am going to hit the sack.

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